



Central Coast Lodge # 237

Trestleboard

September 2026

Volume 24, Issue No 9

September Lodge Events

Central Coast Lodge Dinner 6:00 PM Stated Meeting 7:00 PM	1st
Hesperian Lodge Dinner 6:30PM Stated Meeting 7:30 PM	7th
Officer's Practice 7:00 PM	8th
Temple Board Meeting 6:30 PM	15th
Cook Y'er Own and A Movie 6:00 PM	18th
OSI 7:00 PM Hesperian Lodge	21st
Executive Board Meeting 6:30 PM Officer's Practice 7:00 PM	22nd
Bro, Bullock 2nd Degree 7:00 PM	29th
Breakfast at The Mayors Place Nipomo 8:00 AM Every Thursday Morning!	

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A Message From the East

Greetings from the East

Happy September!

As Fall is getting closer, we have a few events coming up.

On Tuesday, September 29th at 7:00 PM we have a Second Degree for Bro. Bullock. Also, continue to check the Calander for upcoming events.

Just a reminder that October will be the annual Avid BBQ, please keep Saturday, October 3rd open! It will be a busy day and we will need everyone's help.

As usual we continue to meet every Tuesday night so come on down to the Lodge for a cup of coffee and great conversation.

Fraternally,
Worp. Dave Murray, PM



2026 Lodge Officers

Master

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Treasurer

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Chaplain

Open

Marshall

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Inspector, 542nd Masonic Dist.

Frank R. Luenser, PM (Heidi)

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From the West

Greetings Brothers,

This month I would like to pass on to you something I found in my mother's things after she passed and I found very profound. I wouldn't say that it is a way to live our lives but, I found it to be thought provoking on how I approach each new day on my earthly journey.

"I believe that only one person in a thousand knows the trick of really living in the present; most of us spend fifty-nine minutes an hour living in the past with regret for lost joys, or shame for things badly done (both utterly useless and weakening) or in a future which we either long for or dread. Yet, the past is gone beyond prayer and every minute you spend in the vain effort to anticipate the future is a moment lost. There is only one world, the world pressing against you at this minute. There is only one minute in which you are alive, this minute—here and now. The only way to live is to accept each minute as an unrepeatable miracle, which is exactly what it is—a miracle and unrepeatable."

Storm Jameson, as quoted in the NRTA Journal, date unknown

A quick note on Lodge business, the officer line for 2027 is shaping up very well but I do have some openings. Most notably, Marshal, Senior and Junior Stewards, Tiler, and Chaplin. If you have interest in any of these, let me know.

Thanks,
Zack Braun PM Senior Warden

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September Birthdays

Happy Birthday to . .

Brad Miles Albin	3rd
John Peter Abeytia	11th
Dennis Wayne Belden	12th
John David Lander	13th
Scott Dean Pace	16h
Skylar Dane Caldwell	23rd
Michael Alan Lady	27th

Masonic Birthdays

James Ernest Bevill.	21st
Bradley Theodore Anderson	25th
Arthur John Spoo	30th

Bold indicates Past Master

The Lodge That Shapes the Man

(A reflection on the first time I sat in the East, May 26, 2025 for Memorial Day Service)

by Ron C. Nischwitz Sr. 7-18-26

Some environments do not need rules...
They declare the standard the moment you cross the threshold...
You step inside...
and something in you straightens...
Not because anyone commands it...
but because the space itself refuses anything less than your best...
Lines are clean...
Tools are placed with intention...
Nothing extra...
Nothing out of position...
Everything arranged with purpose...
as though the Great Architect Himself set the pattern...
This creates pressure...
quiet...
constant...
dignified pressure...
The kind that does not shame you...
but summons you...
In such a room...
you either rise to the level of the Work...
or you feel out of place...

(Continued on page 3)

Masonic Family**Central Coast Star Chapter No. 97
Order of Eastern Star**

Meetings: 2nd & 4th Tuesdays
7:30 PM

Santa Maria Masonic Ctr
Secretary: Vonda Damore
Ph: (805) 878-9786

**San Luis RAM Chapter No. 62 /
SLO Cryptic Council #38**

Meetings: 1st Wednesday
6:00 PM

Secretary: Christian Marano, PM
Ph: (805) 712-9212

SLO Commandry No. 27

Meetings: 2nd Saturday
9:00 AM

Secretary: Christian Marano, PM
Ph: (805) 712-9212

Santa Lucia chapter #95 OES

Meets: 2nd Monday 7p Stated mtg/
dinner 6p

4th Monday casual/potluck dinner 6p
Secretary: Cathy Veley
(805) 471-0183

Central Coast Shrine Club

Meetings: Mayors Place, Nipomo 4th
Saturday of the month.

Secretary: Rusty Kern
Ph: (805) 733-0483

Central Coast Assembly IORG #92

Meets: 2nd & 4th Fridays 6:30p

SLO Masonic Center
Mother Advisor: Victoria Law
Ph: (805) 260-3172

**Santa Lucia Court # 143 Order of
Amaranth**

Meetings: 3rd Friday
7:30 PM

Arroyo Masonic Temple Assn.

Meetings: 3rd Tuesday
Board Pres: Garret S. Matsuura

Ph: (805) 234-0791
Email: garret@arclightmedia.com

The Lodge That Shapes the Man *Cont.*

(Continued from page 2)

That is design with purpose...
not to impress...
but to correct...
to refine...
to elevate...
The ancient systems understood this...
Order outside creates clarity inside...
Repetition builds precision...
Precision builds identity...
Identity builds character...
This is the Lodge...
A space where the world's noise falls away...
Where disorder cannot hide...
Where every symbol...
every station...
every tool reminds you of who you are meant to be-
come...
But most modern spaces avoid this tension...
They choose comfort over standard...
Ease over discipline...
Softness over structure...
Yet comfort does not sharpen a man...
It preserves him exactly as he is...
The Lodge teaches a different lesson...
If you want better output...
change the environment first...
Make it harder to be careless...
Make it easier to be exact...
Surround yourself with Order until Order begins to
shape you...
For the Mason knows...
the room you enter becomes the room within you...
And when the Lodge is set in harmony...
the Builder becomes worthy of the Work.

Contributed by Worp. Frank Luenser PM

Lodge Committees**Auditing**

Brad Anderson

Investments

Cliff Dugger, PM
David Murray, PM
Zack Braun, PM
Fred Schulenburg, PM
John Fiechter
Garret Matsuura
Skylar Caldwell

Budget and Finance

J Johnson
David Murray, PM

Candidate's Coach

Zack Braun, PM

Charity

David Murray, PM
Zack Braun, PM
Jeff Messingham

Delinquent Dues

David Murray, PM
Charlie Kears, PM

Retention

David Murray, PM
Frank Luenser, PM

Masonic Widows

Open

Masonic Youth Groups

Frank Luenser, PM

Officers Coach

Zack Braun, PM

Sunshine

All Officers

Transportation

Arroyo Grande Area:
Charlie Kears, PM
Ph: (805) 550-3310

Santa Maria Area:

David Murray, PM
Ph: (805) 310-7560

Arroyo Masonic Temple Mgr

Jeff Messingham
Ph: (707) 373-3094

Trestleboard Editor

Charlie Kears, PM
Ph: (805) 550-3310

Soon, the new carpet will be here!



September 2026

Sun Mon Tue Wed Thu Fri Sat

		1 Central Coast Lodge Dinner 6:00 PM Stated Meeting 7:00 PM	2	3 Breakfast at The Mayors Place Nipomo 8:00 AM	4	5
6	7 Hesperian Lodge Dinner—6:30 PM Stated Meeting 7:30 PM	8 Central Coast Lodge Officer's Practice 7:00 PM	9	10 Breakfast at The Mayors Place Nipomo 8:00 AM	11	12
13	14	15 Temple Board Meeting 6:30 PM Officer's Practice 7:00 PM	16  Trestleboard Deadline	17 Breakfast at The Mayors Place Nipomo 8:00 AM	18 Cook Y'er Own and A Movie Q is ready at 6:00 PM	19
20	21 OSI Hesperian Lodge Santa Maria 7:00 PM	22 Executive Board Meeting 6:30 PM Officer's Practice 7:00 PM	23	24 Breakfast at The Mayors Place Nipomo 8:00 AM	25	26
27	28	29 Central Coast Lodge Bro, Bullock 2nd Degree 7:00 PM	30			

September 2026



Central Coast Lodge # 237
Free & Accepted Masons

112 Poole Street
Arroyo Grande, CA 93421
Phone: 805-489-2350

Return Service Requested

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Need Space??

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Jeff Massingham

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Brethren

I am looking for help with pictures, articles or anything that might be of interest about Freemasonry and Central Coast Lodge in particular for our Trestleboard.

If you have something you think might be of interest to the Brothers please let me know. You can send articles and pictures to me at cekears@gmail.com. Thank you! Charlie Kears, PM Editor